

**GREETINGS to ALL TREC 2024 Campers;**  
**Please read ALL of this information it is very important.**  
**Organizational Meeting- June 5<sup>th</sup> @ 7 p.m.**

This is the 21<sup>st</sup> year for TREC camp in Virginia. Our TREC staff includes: Dan & Doug Netting, Jim Bryson, Anika Armistead, Emily Sheppard, Dave Burkle. Tracey Michonski & Lewis Armistead – Bus Drivers. Andi Cramer – Cook.

**Camp Starts:**

Saturday, July 13<sup>th</sup> at 10 a.m. Meet at First Christian Church 712 Front Ave. Salem VA 24153. Travel together on church bus to Claytor Lake State Park for swimming and water sports day. Return to the church for overnight lock-in- showers at the YMCA Sunday morning.

**Camp Ends:**

Saturday, July 20<sup>th</sup> at 10am- pick up at Church Farm Camp 2250 Bent Creek Rd. Concord VA 24538 or for FCC youth at the Church in Salem.

**TREC Camp Reunion:**

Saturday, July 27 at 9am. – Meet at FCC. Travel together on church bus to Claytor Lake State Park for swimming and water sports day part 2. Return to the church by 6.

**Things to make note of:**

1. CUPS. Bring your cup from last year. We use them everyday and without them you will be very hungry. All the new T1's will get a new cup at registration.
2. GEAR. Bring your Red Shirt from TREC camp last year! We use our red shirts during the week for pictures. NOTE: Everyone needs to bring a pair of khaki shorts to wear with your red TREC shirt. T1's will be contacted so we can order your Red TREC shirt.
3. SWIMMING. We will go to the waterfront when you first arrive at camp to take a swim test. This is a simple test- but it is required for waterfront activities and also for our canoe trip. **Women must wear a one piece bathing suit or cover up.**
4. HIKE. We have plenty of backpacks campers can borrow. You are also welcome to bring your own if you own one. We have plenty so it is not necessary for you to go out and buy your own.
5. CHURCH. We are going as a group to worship in Salem on Sunday morning July 14<sup>th</sup>. Wear your red TREC shirts and Khaki Shorts . You will have the opportunity to take a shower at the YMCA on Sunday morning- the bus will leave at 8 a.m. for the YMCA and return at 9:15 a.m. to the church. We also ask that you plan to be at church after TREC camp on Sunday morning June 21<sup>st</sup> to share with the church your experiences from our week at camp.
6. SECURITY OF YOUR STUFF. During the week of TREC camp your stuff will be vulnerable to theft. The items you leave behind in base camp will not be locked in any way. The items you have camping will also be left without security at times. So, don't bring anything that you can't afford to see go missing. Keep your money with you. P.S. the good news is that we have never had an issue with this but I do want to make you aware.
7. MONEY. Yeah, bring some- we sometimes have a chance to grab a bite to eat on the road. We will also grab breakfast at McDonalds on the way home from camp Saturday morning.
8. FOOD. Although we provide healthy and nutritious meals, you may want to bring snacks.

9. **DRINKING WATER.** Each of the TREC campers will be issued a water bottle that they will use for hiking and boating trips. In addition campers are encouraged to bring a Nalgene bottle (or other bottle) to use for trips. PLEASE remember to drink plenty of fluids.
10. **ELECTRONICS.** I would not advise bringing cell phones on this trip due to being outside constantly and the rainy conditions that TREC typically brings. If it is necessary to bring a phone, there will be a time slot in the morning before we leave camp where you will be allowed to contact home for the day. However, a staff member will keep the phones together in a safe place for the remainder of the day and night. This trip is here to build community and we can't express enough how important that it is that we enjoy this time together and not be caught up in our phones. If there is ever an emergency parents are welcome to call any staff member and we will get your child to a phone to contact you ASAP.
11. **MEDICATION.** Unless it is necessary that a medication be with a youth at all times, Anika will be in charge of medication and will have them with her at all times in her backpack.
12. **ONLINE WAIVERS FOR ACTIVITIES - NOTE –** Every activity at TREC will require the camper to complete an online waiver before camp starts. These waivers cannot be filled out at the site and cannot be filled out on paper – you MUST go to each website and complete the waiver BEFORE CAMP. NOTE – If you cannot locate the proper site – or if you cannot figure out how to indicate the group name or date – you MUST contact Dan Netting – [dannetting@msn.com](mailto:dannetting@msn.com) and figure it out.

Monday & Thursday – University of Lynchburg Outdoor Leadership Program

<https://docs.google.com/forms/d/e/1FAIpQLScKZfp8VKo-g7zJeKTQptMFaDzXDIXVUmH4SNPiENcHVhPxMg/viewform>

Monday - Rise Up Climbing Gym 1225 Church St, Lynchburg, VA 24504

<https://riseupclimbing.com/waiver>

Tuesday –Twin River Outfitters, 640 Lowe St, Buchanan, VA 24066

[https://waiver.smartwaiver.com/w/584b42d14b1e8/web/?auto\\_tag=fh\\_id\\_164180646](https://waiver.smartwaiver.com/w/584b42d14b1e8/web/?auto_tag=fh_id_164180646)

Friday - Bikes Unlimited 1312 Jefferson St, Lynchburg, VA 24504

<https://www.waiverfile.com/b/bikesunlimited/Waiver.aspx?formid=c8c6b62e-ecdo-48a8-bd66-a91a9856e8de>

Again... welcome to TREC Camp! Soon you will see that this camp is different from many others- it has something to do with fellowship, companionship, and trust. Get ready for the best week of your summer! Questions? Please contact Pastor Dan 540-556-8455 or [dannetting@msn.com](mailto:dannetting@msn.com)

## **Schedule for TREC July 13 to 20, 2024**

### **Saturday – July 13 – Tubing on Claytor Lake**

10 am Registration FCC  
Claytor Lake Water day  
Lock-in and Opening worship at FCC

### **Sunday – July 14 – Arrive Church Farm Camp 2250 Bent Creek Rd. Concord VA 24538**

8 am Showers YMCA,  
Sunday school  
Worship FCC  
Leave for Church Farm Camp, Lynchburg VA  
Swim and Canoe test  
Opening Campfire and Worship

### **Monday - July 15 – High Ropes & Climbing Gym**

Lynchburg University High Ropes Course  
Rise Up Climbing Gym 1225 Church St, Lynchburg, VA 24504  
Campfire and Worship

### **Tuesday - July 16 – Canoe & Campout on River**

Canoe trip w Twin River Outfitters, 640 Lowe St, Buchanan, VA 24066  
Camping on River  
Campfire and Worship at campsite

### **Wednesday - July 17 – Canoe & Hike up Sharp Top**

Canoe to Twin Rivers Outfitters Office  
Hike up Sharp Top Mountain  
Open Swim & Boat time at Church Farm Camp  
Campfire and Worship

### **Thursday - July 18 – Kayak & Dance**

Lynchburg Kayak - Six Mile Landing to Joshua Falls Landing  
Open Swim & Boat time at Church Farm Camp  
Dinner & Dance  
Campfire and Worship

### **Friday - July 19 - Bike**

Lynchburg – Bikes Unlimited 1312 Jefferson St, Lynchburg, VA 24504  
Open Swim & Boat at Church Farm Camp  
Campfire & Closing Worship

### **Saturday – July 20 – Closing & Pick up at 10 am**

8 am Breakfast  
8:30 am Pack up  
9:30 am Closing Circle  
10 am Pick up at Church Farm Camp 2250 Bent Creek Rd. Concord VA 24538 and FCC youth head back to Salem.

